Bay City Wesleyan Church

November 5, 2017

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Sunday Morning 11-05-2017

Our Challenge for 2017 is to regularly ask Jesus, "Am I following you?"

When was the last time you asked? http://bible.com/events/307367

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## [Image]

Following Jesus helps us to deal with changes and transitions in life http://dlo2alqw72z1h8.cloudfront.net/5722009-1509242729541\_152x152.jpg

Changes, losses, and transitions create a new normal.

Whether the change you face is positive or negative, expected or unexpected, you're facing a new normal.

Whether the transition is something you worked for and deserve or it's an unfair surprise attack, you're facing a new normal.

Whatever causes the change to a new normal, there's always some degree of grief.

Where do you expect to find Jesus when your heart is broken with grief? Where would you look for him when you're dealing with whatever you're dealing with?

## Isaiah 6:1-7 NIV

In the year that King Uzziah died, I saw the Lord, high and exalted, seated on a throne; and the train of his robe filled the temple. Above him were seraphim, each with six wings: With two wings they covered their faces, with two they covered their feet, and with two they were flying. And they were calling to one another: "Holy, holy, holy is the Lord Almighty; the whole earth is full of his glory." At the sound of their voices the doorposts and thresholds shook and the temple was filled with smoke. "Woe to me!" I cried. "I am ruined! For I am a man of unclean lips, and I live among a people of unclean lips, and my eyes have seen the King, the Lord Almighty." Then one of the seraphim flew to me with a live coal in his hand, which he had taken with tongs from the altar. With it he touched my mouth and said, "See, this has touched your lips; your guilt is taken away and your sin atoned for." http://bible.com/111/isa.6.1-7.NIV

## Isaiah 57:15 NIV

For this is what the high and exalted One says— he who lives forever, whose name is holy: "I live in a high and holy place, but also with the one who is contrite and lowly in spirit, to revive the spirit of the lowly and to revive the heart of the contrite. http://bible.com/111/isa.57.15.NIV

## Sermon in a Sentence:

When you want to find Jesus, hang out with brokenhearted people. #letsdealwithwhatyouredealingwith

Life is filled with changes, losses, and transitions. We need help to deal with the jolt of grief and loss. Every change and transition, whether good or bad, expected or unexpected, will cause some grief over the loss of our old normal. You may wonder where Jesus is when your heart is breaking but he stays with the brokenhearted.

Grief is a complex emotion.

Sometimes we feel angry. At other times we feel hopeless and lost. We might feel relieved and then guilty because we feel relieved. We could ache for the one we lost. At the worst, waves of all these feelings can wash over us.